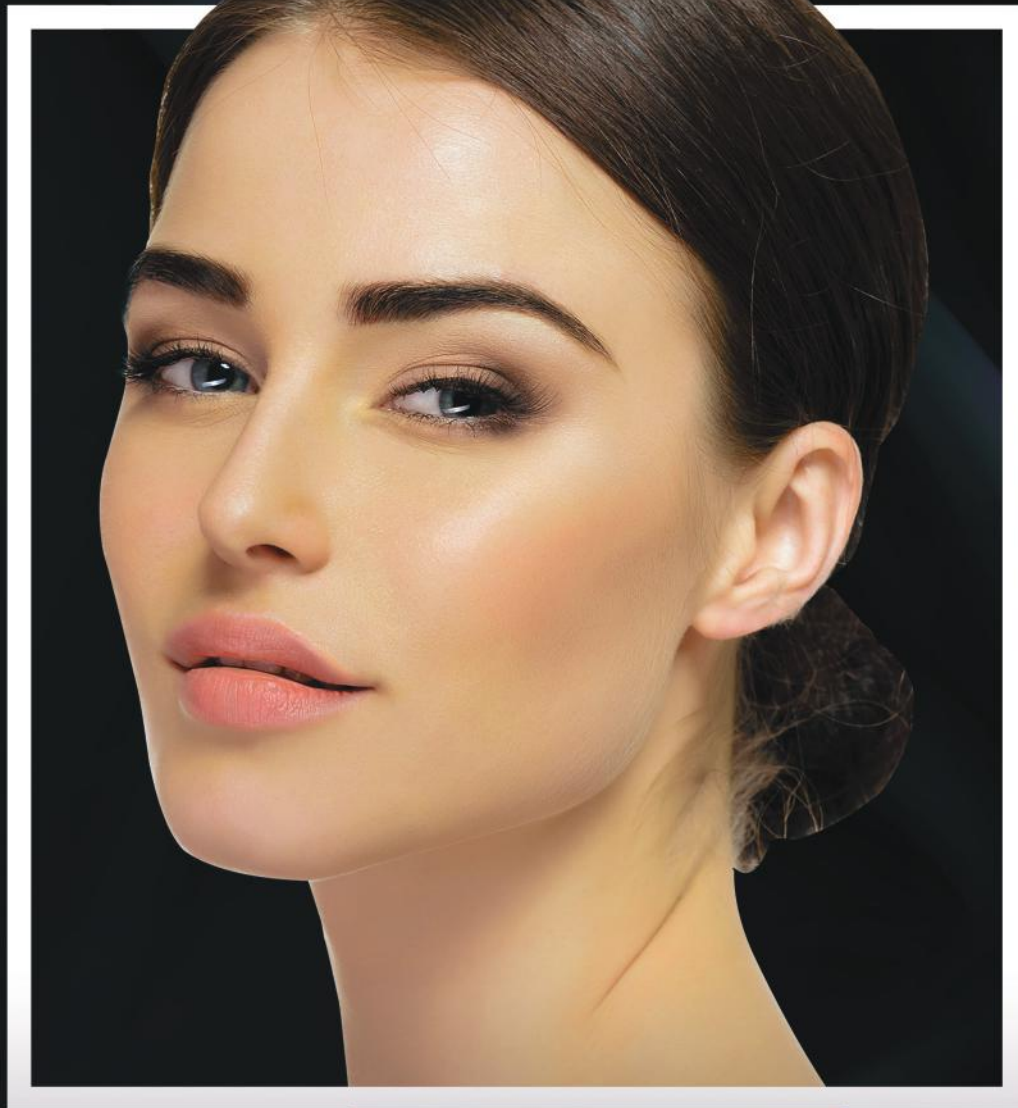




SHARM DERMA (FALL) 2020

THE INTERNATIONAL CONFERENCE FOR
DERMATOLOGY & COSMETOLOGY



Congress
21st - 24th
October 2020
Cairo-Egypt







WELCOME MESSAGE

Dear Colleagues

For the very first time, owing to the current circumstances, Sharm Derma Part I Digital Webinar was held Online, from 15th – 17th July, 2020.

We are all obliged to be extra-cautious due to the ongoing COVID-19 situation, hence our October conference will be held online from 21st – 24th of October.

During our upcoming conference, as always, we promise to provide you with an exceptionally valuable experience, hoping that you will enjoy the scientific content.

We have been working on providing a balanced program for Sharm Derma conferences including state-of-the-art in medical and aesthetic dermatology.

Participation of a large number of the most renowned speakers from all over the world will allow for the fruitful sharing of knowledge and experience.

On behalf of all the organizing committee, we wish you all to stay safe and in good health.

Prof. Assem Farag

A handwritten signature in gold ink, appearing to read 'Assem Farag', written over a thin horizontal line.

Professor of Dermatology and
Venereology, Faculty of Medicine,
Benha University

DAY 1

—
WEDNESDAY
21ST OCTOBER



Introduction

09:30 | 09:45

Room A

Sharm Derma – 21st Trichology Update Course (Part I)

09:45 | 11:00

Room A



Hair Pearls
 Evaluation of Antiandrogen in FPHL
 Minimum Tests for FPHL on the First visit & its interpretation
 Hair Graying
 Hair Loss: A marker of Systemic Disease
 Q & A

Antonella Tosti
Jerry Shapiro
Jerry Shapiro
Bianca Piraccini
Lidia Rudnicka

Abbvie (Session I)

11:00 | 11:30

Room A

abbvie

11:00 – 11:30 Opportunities to change an HS patient's life

Mahira El-Sayed



Lights on BIODERMA NEW technology

11:30 | 12:00

Room A

BIODERMA
LABORATOIRE DERMATOLOGIQUE



11:30 – 11:40 Introduction
 11:40 – 11:50 Body hyperpigmentation tips & tricks
 11:50 – 12:00 Aesthetics procedures & complementaries
 11:50 – 12:00 Summer Season PIH

Assem Farag
Reham Labib
Mohamed Hussein
Amr Kotb



Recreating laser hair reduction

12:00 | 12:40

Room A



- 12:00 – 12:30 Introduction
- 12:30 – 12:40 Doubling laser hair removal parameters - Clarity II
- 12:30 – 12:40 Recreating laser hair reduction

- Assem Farag**
- Bradley S. Bloom**
- Shady Mahmoud**

The 1st Biosimilar in Dermatology in Egypt: Adalimumab by Amgen

12:40 | 13:40

Room A



- 12:40 – 12:55 The 1st Biosimilar in Dermatology in Egypt: Adalimumab by Amgen
- 12:55 – 13:10 Biosimilars concept
- 13:10 – 13:25 Adalimumab by Amgen Psoriasis Trial
- 13:25 – 13:40 Adalimumab by Amgen Psoriasis Trial

- Assem Farag**
- Mahira El-Sayed**
- Amin Sharobim**
- Mahmoud Abdallah**

13:40 | 14:10

Room A



- 13:40 – 13:55 How Cosmeceuticals can reverse hair loss based on its pathogenesis
- 13:55 – 14:10 Golden rules of good hair care

- Hoda Moneib**
- Rania Mounir**





Role of Tacrolimus in Management of Atopic Dermatitis Symposium

14:10 | 14:40

Room A



14.10 - 14.40 Role of tacrolimus in management of atopic dermatitis

Assem Farag
Mahira El-Sayed
Marwa Abdallah



**Dermoscopy Course
Tips in Dermatology Practice (Part I)**

14:40 | 16:15

Room A



14.40 – 14.50 BCC: The basics – Unusual presentations of BCC

Manal Bosseila

14.50 – 15.00 Early Melanoma Diagnosis

Zoe Apalla

15.00 – 15.10 Actinic keratosis, squamous cell carcinoma & mimickers

Azza Esmat

15.10 – 15.20 Angioma, angiokeratoma & mimickers

Ahmed Sadek

15.20 – 15.40 Inflammoscopy

Zoe Apalla

15.40 – 16.00 Case-based learning

Aimilios Lallas, Zoe Apalla

16.00 – 16.15 Mucoscopy – Dawn in the era of noninvasive mucosal diagnosis

Sidharth Sonthalia

Burn & Scar Management

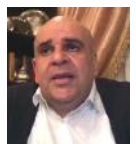
16:15 | 16:30

Room A



16.15 - 16.30 Burn & Scar Management

Omar Azzam

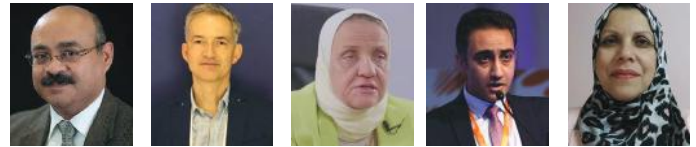




Laser Session (I)
Accept your Cases for Discussion

10:00 | 11:00

Room B



10:00 - 11:00 Laser Session (I)
Accept your Cases for Discussion
Ashraf Badawi
Albert Wolkerstorfer
Samia Esmat
Shady Mahmoud
Abeer Attia



**Topical & Trans-epidermal Vitamin C Delivery
(Simple to Smart)**

11:00 | 11:30

Room B



- 11:00 - 11:10 Introduction
- 11:10 - 11:30 Topical & Trans-epidermal Vitamin C Delivery
(Simple to Smart)

Assem Farag



Shady Mahmoud

Face Rejuvenation: How to Optimize our Tools

11:30 | 13:00

Room B



- 11:30 - 11:50 Topicals
- 11:50 - 12:10 Peelings
- 12:10 - 12:30 Skin boosters (HA, MESO, growth factors)
- 12:30 - 12:50 Lasers & EBD
- 12:50 - 13:00 Discussion

Nahla Hunter

Rania Mounir

Nevine Dorgham

Mohamed Mongy

Botox, What Makes it Stand-Out?

13:00 | 14:00

Room B



- 13:00 - 14:00 Botox, What makes it stand out?
Khaled El Hoshy, Yehia El Gareem





Galderma

14:00 | 14:30

Room B

Restylane

14:00 - 14:30 Signature look with restylane portfolio

Mohamed Mongy



Botched (Complications & How to Deal)

14:30 | 15:30

Room B



14:30-15:30 Botched (Complications & How to Deal)

Shady Mahmoud

Nevine Dorgham

Rania Mounir

Amin Sharobim

Mohamed Hussein

Ahmed Sadek

DAY 2

—
THURSDAY
22ND OCTOBER



Plenary Session

09:30 | 11:30

Room A



09.30 - 09.45	Abuse of systemic steroids in dermatology	Mahira El-Sayed
09.45 - 10.05	Epidermolysis Bullosa re-classification 2020	John McGrath
10.05 - 10.25	Photoprotection 2020	Henry Lim
10.25 - 10.45	Spironolactone for adolescent & adult acne vulgaris	Rachita Dhurat
10.45 - 11.05	Tranexamic Acid- A global update	Seemal Desai
11.05 - 11.30	Lasers in vitiligo. An Update	Albert Wolkerstorfer

Fito (R) in post-procedures burns & wounds Symposium

11:30 | 12:00

Room A



11.30 - 12.00	Fito (R) in post-procedures burns & wounds
	Tahra Leheta
	Mahmoud Abdallah



Atopic Dermatitis in the Era of Systemic Therapies

12:00 | 13:00

Room A



	Introduction	Assem Farag
12.00 - 12.30	Atopic Dermatitis & Type 2 inflammatory disease Spectrum	Amin Sharobim
12.30 - 13.00	Targeting Inflammatory Pathways as Therapeutic strategies in Atopic Dermatitis	Mahmoud Abdallah





The Invisible Psoriatic Disease

13:00 | 13:40

Room A



13:00 - 13:20 Psoriasis in the covid era

Mahira El-Sayed



13:20 - 13:40 Psoriatic arthritis. A disease impinging the patient life

Adel Mahmoud



Isotretinoin, New Clinical Horizons

13:40 | 14:10

Room A



13:40 - 13:50 Isotretinoin Updates

Assem Farag



13:50 - 14:00 Isotretinoin Beyond Acne

Mohamed El-Khalawany



14:00 - 14:10 Isotretinoin and Procedures

Shady Mahmoud



Parkville

14:10 | 14:30

Room A



14:10 - 14:30 Diamond tools in hair fall

Tahra Leheta



**1st Sharm Derma Nail Summit
in collaboration with European Nail Society (ENS) (Part I)**

14:30 | 15:30

Room A



14:30 - 14:50 Approach to patient with nail disease

Bianca Piraccini



14:50 - 15:10 Update on Onychoscopy

Michela Starace



15:10 - 15:30 Update on nail lichen planus

Matilde Iorizzo





ISDS Session (I)

09:00 | 12:00

Room B



- Keloids – Assessment and treatment
- Regional Nerve Blocks for the dermatologist
- Conceptual & Technical Key Points in Skin Tumor Removal
- Skin cancer surgery
- Optimizing management of high stage & advanced squamous cell carcinoma
- Fusiform excision and its variations
- Flap principles
- Nose repair· The propeller flap
- Perioral repair
- When surgical repairs go wrong
- Endovenous thermoablation
- Contribution of Dermatologists to the development of Liposuction and Lipofilling

- Michael Tirgan**
- Dhanraj Chavan**
- Il-Hwan Kim**
- Chang-Hun Huh**
- Chrysalyn Schmults**
- Elena Rossi**
- Myrto Trakatelli**
- Ally-Khan Somani**
- Stan Tolkachjov**
- William Hanke**
- Alina Fratila**

Room B

12:00 | 12:30

Moderator
Yehia El-Garem



12:00 - 12:30 4D face lift approach

Amin Sharobim





ISDS Session (II)

12:30 | 15:30

Room B



- Keys to facial assessment
- Pan facial structural rejuvenation
- Long term effects of BTX toxin injections
- Rejuvenation of periocular region. A Multimodal approach
- Stem Cells in Aesthetic Dermatology for Tissue Regeneration
- PRP – The powerful tool for melasma
- New design of thread lifting to overcome prominent zygoma in Asians
- Anatomical intricacies of the tear trough and the infraorbital hollow
- Less is more in aesthetic dermatology
- Cellulite treatment
- What's new in fat removal devices
- Laser hair removal

- Tim Papadopolous**
- Neil Sadick**
- Doris Hexsel**
- Je Young Park**
- Christina Puyat**
- Atchima Suwachinda**
- Peter Peng**
- Jaishree Sharad**
- Tingsong Lim**
- Sonja Sattler**
- Klaus Hoffmann**
- Apratim Goel**

DAY 3

—

FRIDAY

23RD OCTOBER



**Dermoscopy Course
Tips in Dermatology Practice (Part II)**

09:15 | 10:45

Room A



Dermoscopy Histopathological correlations
 How to avoid unnecessary biopsies. The 3 points check list.
 The elephant method, The Chaos & clues method
 Benign Melanocytic lesions in children
 Lentigo, seborrheic keratosis & mimickers
 A new approach to diagnosis & management of Lentigo Maligna
 Dermoscopy in the current era – Pitfalls to avoid

Heba Gawdat

Ahmed Afifi

Aimilios Lallas

Hoda Moneib

Aimilios Lallas

Sidharth Sonthalia

LEO

10:45 | 11:15

Room A



10:45 – 11:00 Topical treatment in management of psoriasis
 11:00 – 11:15 Fusidic acid-Betamethasone Combination in
 Management of Eczema & Atopic Dermatitis

Amin Sharobim



Hany Aboul Wafa

Sanofi session

11:15 | 11:45

Room A



11:15 – 11:45 Pruritis, causes & how to diagnose

Assem Farag



11:45 – 12:30 **Gomaa Prayer**



Look Within, Skin and Beyond for Psoriasis Patients

12:30 | 13:00

Room A



12:30 - 13:00 Look within, skin and beyond for psoriasis patients

Amin Sharobim

Hanan Nada



Acne: What's Behind?

13:00 | 13:30

Room A



13:00 – 13:15 Adolescent and Adult Acne: Does Bacterial Milieu differ?

13:15 – 13:30 Acneiform eruptions & how to differentiate from Acne

Marwa Abdallah

Heba Gawdat





A Holistic Approach in Chronic Spontaneous Urticaria Management

13:30 | 14:00

Room A



13:30 - 14:00 A Holistic approach in Chronic Spontaneous Urticaria Management
Mahmoud Abdallah



Psoriasis Management: Evolution or Revolution

14:00 | 14:30

Room A



14:00 - 14:30 Psoriasis Management: Evolution or Revolution **Mahmoud Abdallah**

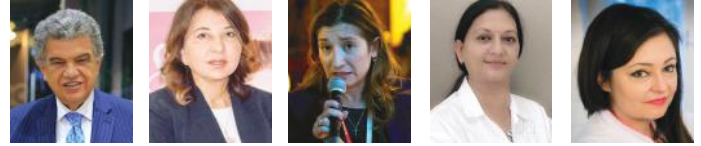




21st Trichology Update Course (Part II)

14:30 | 16:20

Room A



14.30 - 14.50	Hair Cases from my Clinic	Assem Farag
14.50 - 15.10	Regenerative trichology. A new era for treatment of hair loss	Hoda Moneib
15.10 - 15.30	Alopecia. One Clinical Image, different diseases	Adriana Rakowska
15.30 - 15.50	Differential Diagnosis of Hair Loss in Women	Michela Starace
15.50 - 16.10	Jak Inhibitors in Alopecia Areata	Rachita Dhurat
16.10 - 16.20	Q & A	

Effectively managing Brand Communication & Marketing during the Pandemic

09:30 | 10:00

Room B

09.30 - 10.00	Effectively managing Brand Communication & Marketing during the Pandemic
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Dharmendra Arora



Difficult cases for injectable solutions

10:00 | 11:00

Room B



10.00 - 10.20	Eye bags	Nevine Dorgham
10.20 - 10.40	Asymmetrical lips	Dina Dorgham
10.40 - 11.00	Brow lifting	Amin Sharobim
11:45 - 12:30	Gomaa Prayer	



LC session

12:30 | 12:50

Room B



ADVANCE MEDICAL
THE FUTURE IN HAND

12:30 - 12:35

Introduction

Assem Farag

12:35 - 12:50

Reset the clock of aging

Shady Mahmoud



**MD Codes for Cheek Injection
(Teaching Video)**

12:50 | 13:10

Room B

12:50 - 13:10

MD Codes for cheek injection (Teaching Video)

Yehia El-Garem





What's New in Botulinum Toxin

13:10 | 13:55

Room B

- 13.10 - 13.25 Scar treatment using toxin
- 13.25 - 13.40 Smile beautification using botulinum toxin
- 13.40 - 13.55 Hyperhidrosis treatment using toxin

Rania Mounir
Amin Sharobim
Rania Mounir



DAY 4

—

SATURDAY

24TH OCTOBER



Vitiligo Session

10:00 | 11:30

Room A



Vitiligo Extent Score (VES) & other new measurement instruments to assess vitiligo
Acquired depigmentation. Vitiligo or not Vitiligo
Noncultured nontrypsinized melanocyte transplantation – A Novel Approach
Segmental Vitiligo. What's New?
Excimer light. A practical approach
Q & A

Nanja van Geel
Samia Esmat
Lamia El-Garhy
Marwa Abdallah
Nihal Anbar

Sanofi session

11:30 | 12:00

Room A



11:30 – 12:00 Evaluation & treatment of pruritis

Mahira El-Sayed





When & how to use Emollient

12:00 | 12:30

Room A

Johnson & Johnson



- 12:00 – 12:15 Introduction
- 12:00 – 12:15 Role of emollient in atopic dermatitis – Psoriasis
- 12:15 – 12:30 OAT Benefits & Applying Aveeno Dermexa

Assem Farag
Amin Sharobim
Mohamed Hussein

Psoriasis, the personalized approach

12:30 | 13:30

Room A



- 12:30 - 13:00 Psoriasis: The personalized approach
- 13:00 - 13:30 New assessment tools for psoriasis

Mahira El-Sayed
Amin Sharobim





Room A

13:30 | 14:00



- 13.30 – 13.45 Topical treatment of AGA beyond Minoxidil
- 13.45 – 14.00 The role of micronutrients in hair loss

Hoda Moneib
Mohamed Hussein

**1st Sharm Derma Nail Summit
in collaboration with European Nail Society (ENS)
(Part II)**

Room A

14:00 | 15:00



- 14.00 – 14.15 Onychomycosis: Pitfalls in diagnosis
- 14.15 – 14.30 Great nail cases from Egypt
- 14.30 – 14.45 Update on nail psoriasis
- 14.45 - 15.00 Q & A

Hoda Moneib
Manal Bosseila
Dimitris Rigopoulos



IMCAS Session Challenges in Lower Face Rejuvenation

10:00 | 11:00

Room B



- Anatomy of lower face area
- Oval & chin ageing from the different morphotypes, to therapeutics indications
- Neck lifting by threads
- Lower face botulinum toxin. What's new?
- Restoration of the Jawline and Neck

- Benjamin Ascher**
- Benjamin Ascher**
- George Sulamanidze**
- Marina Landau**
- Hema Sundaram**

Hair Porosity & Hair Aging: How they Affect our Prescription!!

11:00 | 11:30

Room B



- 11:00 - 11:30 Introduction
- 11:00 - 11:30 Hair porosity & hair aging. How they affect our prescription!!

- Assem Farag**
- Dina Dorgham**





Threads, What you Need to Know

11:30 | 12:30

Room B

- 11:30 – 11:50 Cheek lifting by threads
- 11:50 – 11:10 How to define jawline using threads
- 12:10 – 12:30 Neck & double chin lifting by threads

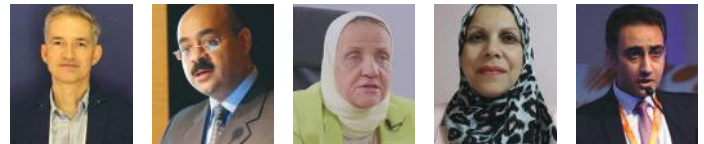
Tahra Leheta , Amin Sharobim, Mohamed Hussein



Updates on Laser treatment of Benign Pigmented Lesions & Tattoos

12:30 | 14:00

Room B







- Review of literature
- What is new in treating pigmented lesions & tattoos with lasers
- Melasma, treat with laser or not to treat?
- Challenges of laser treatment of pigmented lesions & tattoos
- Laser carbon peel “Logic or magic”

Albert Wolkerstorfer
Ashraf Badawi
Samia Esmat
Abeer Tawfik
Shady Mahmoud



Contact Us

-  16 Fathi Talaat Street-Sheraton Builds. - Cairo
-  +20 (2) 22666152 -22666156 - 01001634534
-  www.misr2000online.net
-  www.facebook.com/misr2000